



Comprehensive Master Instructor & Education Center Application

To be considered as a Peak Pilates® Comprehensive Master Instructor, please submit this application, paying careful attention to the instructions and eligibility requirements.

We are only accepting applications from candidates that either own their own studio or work at a facility that can meet the hosting requirements.

Peak Pilates® Comprehensive will NOT be accepting applications in the following areas:

Japan / Korea / Spain

United States

Atlanta, GA
Chicago, IL
Colorado
Columbus, OH
Detroit, MI
Florida
Greenville, SC

Indianapolis, IN
Maryland
Massachusetts
Minneapolis, MN
Montana
Northern VA
Pennsylvania

Portland, OR
Scottsdale, AZ
St. Paul, MN
Seattle, WA
Texas
Washington, DC

Instructions

Submit this application via e-mail along with:

- A resume and/or CV
- A professional headshot
- Photos of the facility where you will lead the course
- Copies of your Pilates and fitness certifications
- Links to videos as instructed on the last page of this document

Please email your applications to:

Nikki Boudreaux
Peak Pilates® Business Development Manager
nboudreaux@peakpilates.com

Master Instructor Eligibility Requirements

- Pilates Comprehensive (Peak Pilates® Comprehensive Certification preferred). If you are not certified by Peak Pilates®, you are required to successfully complete the Peak Pilates® Level I Comprehensive Bridge. (Comprehensive includes: Beginner through Advanced repertoire on mat, reformer, cadillac, chairs and barrels)
- At least two years teaching experience beyond achieving comprehensive level
- A deep understanding and ability of the classical Pilates method
- Dynamic presentation skills
- Excellent communication, organization and administrative skills
- A positive attitude and open mind
- The will and desire to represent Peak Pilates® by upholding extraordinary education standards
- Fluency with oral and written English

Master Instructor Camp

- Accepted candidates will be required to attend a Master Instructor Training Camp.

Applicant Information

Your Name:	
Phone:	
Email:	
Home Address:	

Pilates Certification(s)

Date Pilates Comprehensive was completed: _____

Pilates School Comprehensive was awarded from: _____

Total Hours of Instructor Comprehensive Course: _____

Observation Hours required: _____

Practical Teaching hours required: _____

Are you PMA certified? Y / N

NOTE: You will have one year to become PMA Certified if you are not already.

Pilates Education

Organization / School	Type and Level of Certification	Year Certified

Health & Fitness Certifications

Organization / School	Type and Level of Certification	Year Certified

Degree & Other Credentials

University or School	Degree or Qualification	Year Degree Earned

Computer & Communication Skills

Do you own Microsoft Word, Excel and PowerPoint, and do you have basic skills with these programs?	
What languages can you speak/write? (Indicate fluency level)	

Public Speaking & Presentation Skills

Describe your public speaking and/or presentation experience, including presenting seminars, workshops or trainings, whether Pilates related or otherwise.

Personal Pilates Practice

Briefly describe your personal Pilates practice. Include hours per week and type of apparatus.

Teaching

Briefly describe your current teaching schedule. Include hours per week, type of apparatus and a description of the clientele.

Briefly explain why you want to become a Peak Pilates® Education Center and Master Instructor.

Video Application

Submit two videos, following these instructions:

Exercise Technique: Film yourself performing three repetitions of the Peak Pilates® Basic Mat order (with transitions). Please film with a side view and be sure your whole body is visible.

Upload your video to Vimeo and YouTube, or send the video file through Drop Box or WeTransfer.

Insert link here:

Teaching Demo: Film yourself teaching a basic mat class begin with the opening and film, through the completion of Saw. This should take no more than 15 minutes. Teach your student full repetitions of each exercise, using cues and touches as you normally would.

Upload your video to Vimeo and YouTube, or send the video file through Drop Box or WeTransfer.

Insert link here:

Education Center Eligibility Requirements

- Adequate space for 12 or more participants in a teacher training workshop
- A location conducive for training with convenient access and parking
- A studio owner or authorized representative committed to creating a successful relationship with the Peak Pilates® Education Team.
- A studio equipped with the following Peak Pilates® equipment. The quantities listed are minimums. More equipment is preferred, as it means fewer students sharing each piece.

Name of Studio or Facility:	
Website:	
Phone:	
Address:	
Year Established:	
Applicant's relationship to the studio (owner, director, employee, etc.)	
Owner's Name (if different than applicant)	

Equipment	Minimum Quantity	Your Current Quantity
Peak Pilates® Total Workout System (TWS) or PPS Deluxe <ul style="list-style-type: none"> • Equivalent equipment combinations are also acceptable; e.g., Cadillac, wall unit or reformers • All safety equipment required (safety straps, clips, non-slip pads) 	3	
Jump boards	3	
Classic high chair	1	
Classic low chairs <ul style="list-style-type: none"> • High/low combo chairs can also count as low chairs • An MVe® chair can also count as one low chair 	1	
Hump barrels (spine correctors)	2	
Ladder barrels	1	
Semi-circle barrel (6–8 in.) <ul style="list-style-type: none"> • An In-step Barrel System includes the semi-circle barrels 	2	
Ped-o-Pul	1	
Sandbags	1	
Foot correctors	1	
Power circles	3	
Mats and space for mat work	12	
1-lb. hand weights	3 pairs	

Studio Details

What brand of equipment do you have? **Note:** The required equipment is listed on page 6.

Briefly describe the space(s) that would be used for teacher training workshops. Include size, dimensions, seating, etc.

Thank you for completing this application. We look forward to being part of your Pilates journey!