



Mat Master Instructor Application

To be considered as a Peak Pilates® Mat Master Instructor, please submit this application, paying careful attention to the instructions and eligibility requirements.

We are only accepting applications from candidates that either own their own studio or work at a facility that can meet the hosting requirements.

Peak Pilates® will NOT be accepting applications in the following areas:

United States

Chicago, IL

Detroit, MI

Florida

Greenville, SC

Indianapolis, IN

Maryland

Massachusetts

Montana

Northern VA

Pennsylvania

Portland, OR

Scottsdale, AZ

Seattle, WA

Texas

Instructions

Submit this application via e-mail along with:

- A resume and/or CV
- A professional headshot
- Photos of the facility where you will lead the course
- Copies of your Pilates and fitness certifications
- Links to videos as instructed on the last page of this document

Please email your applications to: nboudreaux@peakpilates.com.

Minimum Qualifications

- Advanced Mat Certification or Pilates Comprehensive (Peak Pilates® preferred). If you are not certified by Peak Pilates®, you are required to successfully complete the Peak Pilates® Mat Bridge course.
- At least two years of teaching experience
- A deep understanding and ability of the classical Pilates method
- Dynamic presentation skills
- Excellent communication, organization and administrative skills
- A positive attitude and open mind
- The will and desire to represent Peak Pilates® by upholding extraordinary education standards.

Master Instructor Camp

Accepted candidates will be required to attend a Mat Master Instructor Training Camp.

Applicant Information

Your Name:	
Phone:	
Email:	
Home Address:	

Pilates Education

Organization / School	Type and Level of Certification	Year Certified

Health & Fitness Certifications

Organization / School	Type and Level of Certification	Year Certified

Degress & Other Credentials

University or School	Degree or Qualification	Year Degree Earned

Computer & Communication Skills

Do you own Microsoft Word, Excel and PowerPoint, and do you have basic skills with these programs?	
What languages can you speak/write? (Indicate fluency level)	

Public Speaking & Presentation Skills

Describe your public speaking and/or presentation experience, including presenting seminars, workshops or trainings, whether Pilates related or otherwise.

Personal Pilates Practice

Briefly describe your personal Pilates practice. Include hours per week and type of apparatus.

Teaching

Briefly describe your current teaching schedule. Include hours per week, type of apparatus and a description of the clientele.

Briefly explain why you want to become a Peak Pilates® Education Center and Master Instructor.

Video Application

Submit two videos, following these instructions:

Exercise Technique: Film yourself performing three repetitions of the Peak Pilates® Basic Mat order (with transitions). Please film with a side view and be sure your whole body is visible.

Upload your video to Vimeo and YouTube, or send the video file through Drop Box or WeTransfer.

Insert link here:

Teaching Demo: Film yourself teaching a basic mat class begin with the opening and film, through the completion of Saw. This should take no more than 15 minutes. Teach your student full repetitions of each exercise, using cues and touches as you normally would.

Upload your video to Vimeo and YouTube, or send the video file through Drop Box or WeTransfer.

Insert link here:

Facility Hosting Requirements

- Adequate space for 12 or more participants in a teacher training workshop
- A location conducive for training with convenient access and parking
- A studio owner or authorized representative committed to creating a successful relationship with the Peak Pilates® Education Team.

Host Facility / Studio

Name of Studio or Facility:	
Website:	
Phone:	
Address:	
Year Established:	
Applicant's relationship to the studio (owner, director, employee, etc.)	
Owner's Name (if different than applicant)	

Facility Details

Briefly describe the space(s) that would be used for teacher training workshops. Include size, dimensions, seating, etc. Is there a room that can be dedicated to training during the course times?

Thank you for completing this application. We look forward to being part of your Pilates journey!